## Dr. Mark Saracino

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In advance of a lecture I was asked to give September 2019 to 500 Pennsylvania attorneys whom work with patients with concussions, I created this list of updated concussion and migraine codes all doctors can use. The updates have empowered us to justify our suspicions that far-reaching complaints are often caused by concussions and migraines.

A few years ago, the codes doctors use to label diseases was upgraded. To we chiropractic and medical neurologist's satisfaction, many of the symptoms that accompany concussions, migraines and severe headaches, such as abdominal complaints like nausea (G43.DO), visual changes causing double-vision and eye pain (G43.B) and mental-state changes of mental fatigue while concentrating and personality changes not experienced prior (R41.9), were included in the new codes. These revised codes were more inclusive and they, in some respects, justified our long-time recognition of the complications of concussion (SO6. ...), migraines (G43. ...) and headaches.

The list below shows just a few of the updated conditions that were not well understood not long ago and ones seen in my patient population.

Our understanding of concussions and other head-origin complaints is growing.

## ICD-10 Cranial (head) Diagnostic Codes

R51	Headache & Facial px: chronic or daily
M53.0	Cervicocranial syndrome
G43.C0	Periodic headache syndromes child or adult
G44.209	Tension, cervicogenic headache
G44.011	Cluster headache, episodic
G44.021	Cluster headache, chronic
G43.009	Migraine without aura
G43.109	Migraine with aura
G43.809	Other migrc/ostatusmigrainosus(days long)
G43.809	Allergic headache
G44.1	Vascular headache
G43.B	Ophthalmologic migraine
G43.D0	Abdominal migraine
S06.0X0	Concussion without loss of consciousness
S06.0X1	Concuss with loss of conscious less 30 mins
S06.0X9	Concuss with loss of conscious unspec time
H93.1	Tinnitus (ringing in the ears)

l63.9	Cerebral infarct
G51.0	Bell's Palsy
H81.0	Meniere's disease
F07.81	Post-concussion syndrome
H51.11	Convergence insufficiency
H81.49	Vertigo central origin, ear
S07.OXXA	Crushing injury of face
S00.83XA	Contusion face
H81.10	Benign paroxysmal positional vertigo BPPV
M54.81	Occipital neuralgia
H57.811	Brow ptosis R
H57.812	Brow ptosis L
H57.813	Brow ptosis bilateral
G31.84	Mild cognitive impairment
R41.0	Mental state- not thinking clearly
R41.9	Unspec cognitive functions and awareness
R25.0	Abnormal head movements

Please inform someone you know who suffers from one of these conditions.

Sincerely,

Mark Saracino DC DACAN Board Certified Chiropractic Neurologist