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Examining one's posture and mobility is part of each chiropractic neurologist's analysis. The following Walt Whitman poem excerpt, from *Leaves of Grass*, was giving to me by a friend while attending chiropractic school.

**The Expression of a Well-made Man**

*But the expression of a well-made man appears not only in his face,  
It is in his limbs and joints also,  
It is curiously in the joints of his hips and wrists,  
It is in his walk, the carriage of his neck,  
The flex of his waist and knees- dress does not hide him....  
To see him pass conveys as much as the best poem, perhaps more.*

Sincerely,

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